

Ashley D. Mitchell

Associate

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📍 [Chicago, Illinois](#)



Ashley D. Mitchell is an Associate in the Chicago office of Conn Maciel Carey LLP, supporting both the OSHA and Labor and Employment Practices.

Labor & Employment

Ashley represents and advises clients on a wide range of employment matters, including:

- Wage and hour disputes
- Title VII discrimination claims
- Americans with Disabilities Act (ADA) compliance
- Development of workplace policies and procedures
- Harassment prevention training
- Drafting and reviewing employee handbooks

OSHA & Workplace Safety

Ashley also counsels employers on workplace safety, including:

- Representation during federal OSHA and State OSH Plan inspections and investigations
- Guidance on responding to workplace safety complaints and litigating OSHA citation contests
- Reviewing and revising workplace safety policies and procedures

Before joining CMC, Ashley worked at a highly regarded employee-side employment litigation boutique law firm, litigating employment matters of all types. While in law school, Ashley interned at the Chicago Park District's Law Department, where her focus was tort litigation, and served as a Student Attorney in the Domestic Violence & Immigration Clinic, advising clients through the U-Visa application process.

Outside the Office

Ashley currently tutors students who are preparing for the Illinois State Bar Exam through the Minority Legal Educational Resources. She lives in Chicago.

Speaking Engagements

- “Process Safety Management Update,” Chemical Industry Council of Illinois (CICI)
- National Manufacturer’s Association

Ashley also frequently presents on a variety of topics for the firm’s [OSHA Webinar Series](#) and [Labor & Employment Webinar Series](#).

Affiliations

- Chemical Industry Council of Illinois (CICI)

Education

- J.D., The University of Illinois College of Law, 2018
 - Administrative Editor, The Journal of Law Technology & Policy, (2017-2018)
 - Teaching Assistant, Law 301 – Introduction to Law, (Fall 2017)
- B.A. in Government, Georgetown University, cum laude, 2015

Admissions

- Illinois
- Indiana
- U.S. District Court for the Northern District of Illinois
- Utah