

JANUARY 20, 2026 | FIRM NEWS

CMC Expands its Workplace Safety Practice Group with the Addition of Environmental Regulatory Veteran Chris Vamos to its DC Office

Conn Maciel Carey LLP ("CMC"), a national boutique OSHA/MSHA • Workplace Safety and Employment/Labor law firm, is pleased to announce that **John Christopher (Chris) Vamos** has joined the firm as Of Counsel in its Washington, DC, office. Chris has three decades of experience as an attorney and engineer providing comprehensive environmental, hazardous chemical management, and hazmat transportation support to industrial and manufacturing clients in the iron and steel, electric utility, metallic mineral mining, and high technology sectors.

Eric J. Conn, founding partner of Conn Maciel Carey and chair of the firm's national OSHA & Workplace Safety Practice Group, said, "Environmental regulatory risk is always lurking nearby the workplace safety and health challenges with which we support our clients, so bringing on Chris provides the perfect complement to our team. And Chris' engineering background gives him a unique legal and technical eye when it comes to understanding complex industrial and manufacturing processes. He is always three steps ahead anticipating legal risks and developing solutions that address the operational needs of his clients. He will be a great addition to our team."

Chris regularly counsels clients on regulatory compliance, environmental permitting, facility auditing and planning, and environmental and hazardous materials transportation enforcement. He has extensive experience with chemical and product regulation and reporting under federal, state, and European law, including TSCA, EPCRA, California Prop 65, REACH, and RoHS, and regularly advises clients with complex industrial facilities in all aspects of Clean Air Act Risk Management Program compliance and air permitting and compliance reporting. He has provided extensive RCRA compliance assistance, assisted facilities with negotiation and implementation of voluntary remediation activities, and renewal of clients' Hazardous Waste Treatment, Storage, and Disposal Facility permits. Chris has assisted with numerous NPDES direct and indirect discharge permit applications and developed Spill Prevention Control and Countermeasure and Storm Water Pollution Prevention plans. In addition, Chris has worked extensively with the Department of Transportation's hazardous materials transportation and DHS chemical security regulations. He also has counseled clients on OSHA 1910 standards applicable to

workplace hazardous chemical regulation, including HAZWOPER and Hazard Communication.

Kathryn M. McMahon, an occupational safety and health partner with Conn Maciel Carey who handles occupational health and environmental cross-over issues, said, “Chris and I have crossed paths professionally over the years, and I have come to deeply respect the work he does for his clients. Our existing litigation-focused environmental practice will benefit tremendously from Chris’ understanding of complex hazardous chemical risk issues that affect both occupational safety of our clients’ employees as well as having environmental regulatory or risk implications. As we continue to grow our existing environmental capabilities and expand our reach in key geographic areas and to key audiences, Chris’ knowledge and experience will be an invaluable asset to our team.”

“I am looking forward to joining CMC and teaming up with their highly esteemed attorneys who have extensive, hands-on experience in all aspects of workplace safety law, at both the federal and state levels. The caliber of clients they serve, their relationships with regulators, and overall bench strength in OSHA/MSHA law, gives me comfort that I’ll be able to expand CMC’s capabilities, provide its clients with comprehensive environmental and hazmat transportation law support, and contribute to the continued growth and success of the firm,” said Chris.

Chris obtained his J.D from Vermont Law School.

Download the [press release PDF](#).