

NOVEMBER 10, 2025 | TERMS & CONDITIONS PODCAST

# A Practical Approach to Internal Investigations: Trauma-Informed Interviewing

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## Letitia Silas and Samuel Rose

In this episode of Terms & Conditions, special guest Lynn Cripe, CEO of KonTerra Group joins us as we unpack what it really means to take a trauma-informed approach to workplace interviews and investigations. We explore why this concept matters for HR and legal professionals, how trauma can shape communication and behavior, and what a more empathetic, inclusive interview process looks like in practice. You'll also hear practical tips for building trust, asking better questions, and creating a safe, respectful environment for everyone involved.

